



# ST MARY'S CATHOLIC CATHEDRAL & ST ANDREW'S, RAVELSTON

Archdiocese of St Andrews & Edinburgh

Fourth Sunday of Lent – Year B  
Sunday, 10th March 2024

## MASS TIMES IN THE CATHEDRAL (*Broughton Street, Edinburgh, EH1 3JR*)

Day	Time	Holy Day	Mass Intention
Sunday 10 March	6.00pm		Barry Callan, RIP
	9.00am		Celine Joseph, RIP
	10.30am		Polish
	12.00pm		Susan Clark, RIP
	6.00pm		Polish
Monday 11 March	7.30pm		People of the Parish
	10.00am		Special Intention
	12.45pm		Special Intention
Tuesday 12 March	6.00pm		Polish
	10.00am		Mario Sequeira, RIP
	12.45pm		Joseph Mooney, RIP
Wednesday 13 March	6.00pm		Polish
	10.00am		Special Intention
	12.45pm		Nickson Figueredo
Thursday 14 March	6.00pm		Polish
	10.00am		Special Intention
	12.45pm		Collins Ikemefuna
Friday 15 March	6.00pm		Polish
	10.00am		Agnes Canaves, RIP
	12.45pm		Kenneth Cox, RIP
Saturday 16 March	6.00pm		Polish
	9.00am		Polish
	10.00am		Rob Farrow, RIP
Confessions:	Monday-Friday	After the 12.45pm Mass 5.00pm to 6.00pm 8.00am-9.00am	(English) (Polish) (Polish)
	Saturday	10.30am-12noon, 5-5.45pm	(English) (English)
Exposition	Saturday	10.30am to 12noon	

## MASS TIMES IN ST ANDREW'S, RAVELSTON (*77 Belford Road, Edinburgh, EH4 3DS*)

Day	Time	Holy Day	Mass Intention
Sunday 10 March	10.30am		Tom Sutherland, RIP
Monday 11 March	6.00pm		Special Intention
Tuesday 12 March	6.00pm		Special Intention
Wednesday 13 March	6.00pm		Special Intention
Thursday 14 March	6.00pm		Special Intention
Friday 15 March	6.00pm		Special Intention

**PARISH OF ST MARY'S CATHEDRAL & ST ANDREW'S, RAVELSTON**

The Parish Office can be contacted on 0131 556 1798 or [cathedralhouse@stmaryscathedral.co.uk](mailto:cathedralhouse@stmaryscathedral.co.uk)

**Postal Address:** Cathedral House, 61 York Place, Edinburgh, EH1 3JD

**Website:** [www.stmaryscathedral.co.uk](http://www.stmaryscathedral.co.uk)

<b>Parish Clergy:</b>	Monsignor Patrick Canon Burke (Administrator)	
	Father Robert Taylor (Assistant Priest)	
	Father John Peter Sippai Siluvappan (Assistant Priest & Hospital Chaplain)	
	Father Ajeesh George (Assistant Priest)	
	Father Tadeusz Puton (Polish Chaplain)	
	Father Jose Thomas (In Residence)	
	Deacon Peter Traynor (Permanent Deacon)	
<b>Parish Sister:</b>	Sr Miriam Fidelis Reed, RSM	<a href="mailto:cathedralhouse@stmaryscathedral.co.uk">cathedralhouse@stmaryscathedral.co.uk</a> 0131 556 1798
<b>Finance Officer:</b> (Mon, Weds, Thurs.)	Caroline Reid	<a href="mailto:finance@stmaryscathedral.co.uk">finance@stmaryscathedral.co.uk</a> 0131 523 0101
<b>Complex Manager:</b> (Mon, Weds, Thurs.)	Alice Harrison	<a href="mailto:complexmanager@stmaryscathedral.co.uk">complexmanager@stmaryscathedral.co.uk</a>
<b>Director of Music:</b>	Michael Ferguson	<a href="mailto:directorofmusic@stmaryscathedral.co.uk">directorofmusic@stmaryscathedral.co.uk</a>
<b>Organist:</b>	Tom Wilkinson	<a href="mailto:organist@stmaryscathedral.co.uk">organist@stmaryscathedral.co.uk</a>
<b>Safeguarding:</b>	Chris McCabe	<a href="mailto:chris.mccabe@staned.org.uk">chris.mccabe@staned.org.uk</a>

**Baptisms:** The next Baptism Preparation Course will be held on Microsoft Teams on Saturday 7 April, 2:30pm. To register your child for baptism, email [cathedralhouse@stmaryscathedral.co.uk](mailto:cathedralhouse@stmaryscathedral.co.uk).

**Marriages:** Couples should contact the parish office at least six months prior to their proposed wedding.

**Hospital Chaplains:** To contact the hospital chaplains, please phone 07970 537 432 for Western General and 0131 536 1000 for the Royal Infirmary and ask for the priest on call.

**Offertory:** Sunday, 3rd March, Cathedral Offertory £2,056.33, St Andrew's Church Offertory, £421.94, Jessie's Box (Parish Project) - £77.15

**Music for the 9am Mass**

Communion reflection: *The Lord is my shepherd*

**Music for the 12 noon Mass**

Mass setting: Palestrina *Missa Assumpta Maria*

Offertory motet: Tavener *Mother of God, here I stand*

Communion motet: Franck *Panis Angelicus*

Organ Voluntary: Vierne, *Allegro Risoluto from Symphony no. 1*

1. Lord of all hopefulness,  
Lord of all joy,  
whose trust, ever child-like,  
no cares can destroy,  
be there at our waking,  
and give us, we pray,  
Your bliss in our hearts, Lord,  
at the break of the day.

2. Lord of all eagerness,  
Lord of all faith,  
whose strong hands were skilled  
at the plane and the lathe,  
be there at our labours,  
and give us, we pray,  
Your strength in our hearts,  
Lord, at the noon of the day.

3. Lord of all kindness,  
Lord of all grace,  
Your hands swift to welcome,  
your arms to embrace,  
be there at our homing,  
and give us, we pray,  
Your love in our hearts,  
Lord, at the eve of the day.

4. Lord of all gentleness,  
Lord of all calm,  
whose voice is contentment,  
whose presence is balm,  
be there at our sleeping,  
and give us, we pray,  
Your peace in our hearts,  
Lord, at the end of the day.



1. O Mother blest,  
whom God bestows  
on sinners and on just,  
what joy, what hope  
thou givest those  
who in thy mercy trust.

*Thou art clement, though art chaste,  
Mary, thou art fair;  
of all mothers sweetest, best,  
none with thee compare.*

2. O heav'nly mother, maiden sweet!  
It never yet was told  
that suppliant sinner left thy feet  
unpitied, unconsoled.

3. O mother pitiful and mild,  
cease not to pray for me;  
for I do love thee as a child  
and sigh for love of thee.

4. O mother blest, for me obtain,  
ungrateful though I be,  
to love that God  
who first could deign  
to show such love for me.

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1. As I kneel before you,  
as I bow my head in prayer,  
take this day,  
make it yours and fill me  
with your love.

*Ave, Maria, gratia plena,  
Dominus tecum, benedicta tu.*

2. All I have I give you,  
ev'ry dream and wish are yours;  
mother of Christ,  
mother of mine,  
present them to my Lord.

3. As I kneel before you,  
and I see your smiling face,  
ev'ry thought, ev'ry word  
is lost in your embrace.

1. This is my body, broken for you,  
bringing you wholeness,  
making you free.  
Take it and eat it, and when you do,  
do it in love for me.

2. This is my blood poured out for you,  
bringing forgiveness, making you free.  
Take it and drink it, and when you do,  
do it in love for me.

3. Back to my Father soon I shall go.  
Do not forget me; then you will see.  
I am still with you, and you will know  
you're very close to me.

4. Filled with my Spirit,  
how you will grow!  
You are my branches; I am the tree.  
If you are faithful, others will know  
you are alive in me.

5. Love one another – I have loved you,  
and I have shown you how to be free;  
serve one another, and when you do,  
do it in love for me.

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1. Hail, Queen of heav'n, the ocean star,  
guide of the wand'rer here below;  
thrown on life's surge,  
we claim thy care;  
save us from peril and from woe.  
Mother of Christ, star of the sea,  
pray for the wand'rer, pray for me

2. O gentle, chaste and spotless maid,  
we sinners make our prayers  
through thee;  
remind thy Son that he has paid  
the price of our iniquity.  
Virgin most pure, star of the sea  
pray for the sinner, pray for me.

3. Sojourners in this vale of tears,  
to thee, blest advocate, we cry;  
pity our sorrows, calm our fears,  
and soothe with hope our misery.  
Refuge in grief, star of the sea,  
pray for the mourner, pray for me.

## READINGS FOR SUNDAY MASS

### First reading

2 Chronicles 36:14-16,19-23

God's wrath and mercy are revealed in the exile and release of his people

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy.

Their enemies burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, 'Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation.'

And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: 'Thus speaks Cyrus king of Persia, "The Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up."'

### Responsorial Psalm

Psalm 136(137):1-6

*O let my tongue cleave to my mouth if I remember you not!*

### Second reading

Ephesians 2:4-10

You have been saved through grace

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ – it is through grace that you have been saved – and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

### Gospel

John 3:14-21

God sent his Son so that through him the world might be saved

Jesus said to Nicodemus:

'The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him.

Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life.

For God sent his Son into the world not to condemn the world, but so that through him the world might be saved.

No one who believes in him will be condemned;

but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son.

On these grounds is sentence pronounced: that though the light has come into the world men have shown they prefer darkness to the light because their deeds were evil.

And indeed, everybody who does wrong hates the light and avoids it, for fear his actions should be exposed;

but the man who lives by the truth comes out into the light,  
so that it may be plainly seen that what he does is done in God.'

## PARISH NOTICES

### **Palm Sunday Meditation on the Passion Narrative of St. John's Gospel**

Join Fr Patrick to meditate on the Passion of Christ as written in the Gospel of St John. This Zoom event takes place at 6:00pm on Palm Sunday (24 March) on Zoom. This is a good way to start Holy Week in a spirit of reflection and to discover some insights into Christ's Passion. Register at [bit.ly/passionevent2024](https://bit.ly/passionevent2024)

### **Friday Eucharistic Adoration and Stations of the Cross**

Every Friday morning during Lent, Eucharistic Adoration will be held in the Cathedral from 10:30am-12:30pm, followed by the 12:45pm daily Mass and afterwards we will pray the Stations of the Cross.

### **Sacrament of Confession in Lent**

Please take the time in Lent to go to Confession to help you prepare for Easter. Remember that it is a Precept of the Church that all Catholics should go to Confession at least once a year, at Easter or thereabouts. Priests are available to hear confessions Monday-Friday after the 12:45pm Mass and Saturdays 10:30am-12Noon and 5:00-5:45pm. 'How to Go to Confession' cards are available by the Confessionals or at <https://bit.ly/HowtogotoConfession>. For further information on the Sacrament of Confession, visit <https://goodconfession.com/>.

### **Holy Week and Easter at the Cathedral**

<p><b>Sunday 24 March: Palm Sunday</b> 6.00pm (Vigil Mass on Saturday) 9.00am, 12 Noon and 7.30pm Polish: 10.30am and 6.00pm</p> <p><b>Tuesday 26 March: Chrism Mass</b> 9.00am (Polish) 10.00am &amp; 12.45pm <i>No 6 pm Mass</i> 7.00pm: Chrism Mass</p>	<p><b>The Sacred Triduum</b></p> <p><b>Thursday 28 March: Maundy Thursday</b> <i>No 6 pm Mass</i> 7.00pm: Mass of the Lord's Supper followed by watching at the Altar of Repose and Night Prayer at 11.00pm</p> <p><b>Friday 29 March: Good Friday</b> 3.00pm: Passion Liturgy 5.00pm: Passion Liturgy (Polish) 7.00pm: Stations of the Cross</p> <p><b>Saturday 30 March: Holy Saturday</b> Polish Food Blessing: 12Noon, 3.00pm and 5.00pm</p> <p><b>Easter Vigil</b> 7.00pm: Easter Vigil Mass (<i>Saturday</i>) <b>Easter Sunday</b> 9.00am, 12 Noon and 7.30pm</p>
<p><b>Confessions during Holy Week:</b> Monday to Wednesday from 1.15pm onwards Between 5.00pm and 6.00 pm (Polish)</p> <p>Holy Thursday from 1.15pm onwards</p> <p>Following the Passion Liturgy on Good Friday to 7.00pm</p> <p>Holy Saturday morning from 10.00am-12 Noon</p> <p><u>Please note: There will be</u></p>	

no afternoon or evening Confessions  
on Holy Saturday 30 March.

Polish: 10.30am and 6:00pm

## **Easter Postcards: Invite Others to Good Friday and Easter**

Reach out to your neighbours, family and coworkers to come back to church this Holy Week and Easter. Take along some postcards from the back of church and give them to anyone you think might be interested in or just put them into the letter boxes of any people who may appreciate an invitation. At this most important time of the church year, we can all do more to reach out to people who have perhaps, for one reason or another, stopped coming to Mass and to invite them to return. Consider who you might be able to reach out to this year, pray for them and invite them!

## **Parish Youth Group (P3-P7) Tonight!**

The Youth Group will meet tonight Sunday 10th March, at St Andrew's, Ravelston. All P3-7's are welcome to join the group which meets 6:00pm-7:30pm in the parish rooms. Come along to learn about the faith, play games and meet new friends! There is a one off £1 registration fee for the year. We'll meet again next Sunday, 17<sup>th</sup> March before the Easter break and then will resume on Sunday, 21<sup>st</sup> April.

## **Friendship Group: Coffee Afternoon**

The Friendship Group Coffee Afternoon is on Tuesday 12th March at 2:00pm-3:30pm in Coffee Saints. Open to all over 60. Please come along and join us!

## **Dr Thomas Anderson to Speak at the Young Adults on Tuesday at 7pm**

All young adults ages 18-35 are welcome to come along to our Young Adults talk on Tuesday, 12<sup>th</sup> March. Dr Thomas Anderson will speak on 'What is Man? Faith and Medicine.' Come for teas and coffees at 7:00pm and then the talk at 7:30pm, and Night Prayer and pub discussion to conclude.

## **Catholic Men's Group Meeting**

The Catenian Association invites all Catholic men, married or single, to join them at its next regular meeting on Wednesday, 20th March, at 7.00 p.m. in 63 York Place. Why not come along for a friendly chat over a coffee and meet us. The Association is an international body of Catholic laymen who meet once a month and offer friendship and support to Catholic men at all stages of their lives. For more information contact John Russell at 01555 728032 or [membership@thecatenians.com](mailto:membership@thecatenians.com).

## **Help Needed: Passkeepers for All Masses and 7:30pm EMHC and Readers**

We need Extraordinary Minister of Holy Communion and Readers for 7:30pm Sunday Mass, and passkeepers for all Masses to help greet people. If you can help, please contact Elizabeth Andrews at [Elizabeth@rhandrews.plus.com](mailto:Elizabeth@rhandrews.plus.com).

## **Want to Grow in Love and Service of God? Join the Team of Altar Servers**

Serving at the Altar is an important and worthy way of helping the Parish and a great way to grow in your love and service of God and the Church. All of you who have made your First Holy Communion and are

eligible to take up this venerable ministry!! Why not think about joining the team of Altar servers here at the Cathedral? If you would like to know more, speak to Fr. Robert or Wojtek.

## **This Weekend: Special Collection for Papal & Episcopal Charities**

This weekend at the end of all Masses there will be a special collection for Papal & Episcopal Charities including the Scottish Catholic International Aid Fund (SCIAF).

## **Rose Bouquets Sale to Support Cathedral After Masses Next Weekend**

Beautiful rose bouquets will be on sale for a donation after all Masses next weekend to support the Cathedral. Give a gift of roses to someone you love and support the Cathedral. Thank you for your generosity!

### **RAVELSTON NOTICES**

## **Tuesday Evening Scripture Reflection Meeting for Women**

All women in the parish very welcome to a special evening of Scripture reflection at the convent of the Religious Sisters of Mercy at St. Andrew's, Ravelston this Tuesday 12 March, beginning at 5:30pm with Vespers, followed by 6pm Mass at the church. Then after dinner there will be a time of reflection and discussion together on the Gospel of John reading for the upcoming Fifth Sunday of Lent: "Unless a wheat grain falls on the ground and dies, it remains only a single grain; but if it dies, it yields a rich harvest." (John 12:24) Please RSVP by Monday, 11 March at [edinburgh@almamercy.org](mailto:edinburgh@almamercy.org) or call 01313433380. Come along and join us for this Lenten Scripture reflection and discussion.

## **Wednesday Adoration, Confession and Stations of the Cross**

Every Wednesday we have Eucharistic Adoration and Confessions 5:00pm-6:00pm, followed by 6:00pm Mass. Immediately after Mass, we will pray the Stations of the Cross 6:30pm-7:00pm. Come and join us!

## **Next Sunday: Easter Knitted Goods to Support the Parish**

Easter-themed knitted gift items will be on sale next Sunday, 17<sup>th</sup> March after Mass. All the profits from sales are generously donated to the parish by Joanna Kopystynska. Knitted items are also available online at <https://www.etsy.com/uk/shop/KathedralKnits>. Support the parish and give a lovely Easter gift!

## **Fundraising Run (or walk!) Sundays in Lent**

We have completed the first 3 runs for our fundraising run/walk! Many thanks to all who have participated. At 11:30am today and every Sunday in Lent we will have a fundraising run/walk from St. Andrew's, Ravelston to St. Mary's Cathedral and return (approx. 5 km). Think about sponsoring us! Please take a form at back of Church to enable us to claim Gift Aid, then give your form and money to Fergus or Caroline. Or you can pay direct into the Bank: St Andrews Church – account number 10402444 – sort 83-06-08 (ref SUNDAY RUN). Thank you for your support! Funds raised will be for the refurbishment of the parish rooms at St Andrews.

## **Holy Week and Easter at Ravelston**

<b>Palm Sunday, 24 March</b> 10:30am	<b>Good Friday, 29 March</b> 3pm Passion Liturgy
<b>Tuesday, 26 March</b> <i>No 6pm Mass</i>	<b>Easter Sunday, 31 March</b> 10:30am

<b>Holy Thursday, 28 March</b> <i>No 6pm Mass</i>	
	<b>Confessions During Holy Week:</b>
	Monday-Wednesday from 5.00pm

## OTHER NOTICES

### **Monday in Lent: Pro-Life Stations of the Cross**

Join the Pro-Life Stations of the Cross online every Monday in Lent at 7:45pm, praying for unborn children, their mothers and all pro-life intentions. The schedule includes:

- 11-Mar-24 Fr James Cadman (SS Mary & David, Hawick)
- 18-Mar-24 Fr Michael Carrie (St Mungo's, Alloa, Diocese of Dunkeld)
- 25-Mar-24 Archbishop Cushley

Register at <https://bit.ly/lentstations>

### **Webinar on Euthanasia: A Warning from Canada**

A 30-minute Zoom webinar, 'Euthanasia: A Warning from Canada', will be held on Wednesday 13 March at 7:45pm, hosted by Care Not Killing Scotland in association with The Archdiocese of St Andrews & Edinburgh. The speaker is Alex Schadenberg, is one of the world's premier opponents of euthanasia and assisted suicide, and producer of the documentary 'The Euthanasia Deception.' To register visit <https://bit.ly/EuthanasiaWeb-13March24>.

### **Free All-Day Forum on Catholic Social Teaching and Poverty**

A free event on Catholic Social Teaching and Poverty titled 'Pathways of Hope' takes place next Saturday 16 March 10:30am-3:00pm at The Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB. Come along and learn about Catholic Social Teaching, poverty and its causes, structures and effects; and how to take action on poverty and injustice. See the schedule and register at [bit.ly/pathwaysofhopeevent](http://bit.ly/pathwaysofhopeevent).

### **Job Vacancy: Chief Operating Officer**

The Catholic Archdiocese of St Andrews & Edinburgh is seeking to appoint a Chief Operating Officer (COO). Reporting to a Board of Trustees, the COO is responsible for the overall leadership and line management of support services teams encompassing Finance, Safeguarding, Property (including Mount Vernon Cemetery), Health and Safety, Communications, Chancery and Education. An empathy for the work of the Catholic Church in Scotland is crucial. The role is based at the Archdiocesan Offices, 100 Strathearn Road, Edinburgh. Applicants should submit a CV with a covering letter outlining their interest in and suitability for the role to [recruitment@staned.org.uk](mailto:recruitment@staned.org.uk). Enquiries can also be emailed to [recruitment@staned.org.uk](mailto:recruitment@staned.org.uk). Closing date: 5:00pm, Friday 22 March 2024. Details at <https://archedinburgh.org/vacancy-chief-operating-officer/>.

### **Seeking God's Will: Discerning a Call to Religious Life**

What is God's will for you? Could it be the religious life? Open your heart to God's plan for your happiness! Next Sunday, 17 March women are invited to meet other women who are discerning God's call to religious life. Led by Sr Mirjam Hugens FSO, Director for Religious Vocations, the meeting takes place 4-7pm at St Columba's, 9 Upper Gray Street. Refreshments served. To register, email [religiousvocations@staned.org.uk](mailto:religiousvocations@staned.org.uk).





**Coffee Saints**

[www.coffeesaints.co.uk](http://www.coffeesaints.co.uk)

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