



ST MARY'S CATHOLIC CATHEDRAL & ST ANDREW'S, RAVELSTON

Archdiocese of St Andrews & Edinburgh

First Sunday of Lent – Year B
Sunday, 18th February 2024

MASS TIMES IN THE CATHEDRAL (*Broughton Street, Edinburgh, EH1 3JR*)

Day	Time	Holy Day	Mass Intention
Sunday 18 February	6.00pm		Mary and Alfred O'Connor, RIP
	9.00am		Rommel Merced, RIP
	10.30am		Polish
	12.00pm		David Smith, RIP
	6.00pm		Polish
Monday 19 February	7.30pm		People of the Parish
	10.00am		Eileen Black
	12.45pm		Shin Dong-Jin Andrea
Tuesday 20 February	6.00pm		Polish
	10.00am		Brendan Murphy, RIP
	12.45pm		Eddie Meechar, RIP
Wednesday 21 February	6.00pm		Polish
	12.45pm	St. Peter Damian	Anastasia Keogh, RIP
	6.00pm		Polish
Thursday 22 February	10.00am	Feast of the Chair of St. Peter the Apostle	Special Intention
	12.45pm		Samuel Casey, RIP
	6.00pm		Polish
Friday 23 February	10.00am	St. Polycarp	Mr. & Mrs. R. Stanley
	12.45pm		Frances and Ken MacMillan, RIP
	6.00pm		Polish
Saturday 24 February	9.00am		Polish
	10.00am		Pete Hancock, RIP
Confessions:	Monday-Friday	After the 12.45pm Mass	(English)
		5.00pm to 6.00pm	(Polish)
	Saturday	8.00am-9.00am	(Polish)
		10.30am-12noon, 5-5.45pm	(English) (English)
Exposition	Saturday	10.30am to 12noon	

MASS TIMES IN ST ANDREW'S, RAVELSTON (*77 Belford Road, Edinburgh, EH4 3DS*)

Day	Time	Holy Day	Mass Intention
Sunday 18 February	10.30am		James McCaffery, RIP
Monday 19 February	6.00pm		Cheryl Barreto
Tuesday 20 February	6.00pm		Special Intention
Wednesday 21 February	6.00pm	St. Peter Damian	Jim McCaffery, RIP
Thursday 22 February	6.00pm	Feast of the Chair of St. Peter the Apostle	Ellen Murray, RIP
Friday 23 February	6.00pm	St. Polycarp	Charlie Gribbin, RIP

PARISH OF ST MARY'S CATHEDRAL & ST ANDREW'S, RAVELSTON

The Parish Office can be contacted on 0131 556 1798 or cathedralhouse@stmaryscathedral.co.uk

Postal Address: Cathedral House, 61 York Place, Edinburgh, EH1 3JD

Website: www.stmaryscathedral.co.uk

Parish Clergy:	Monsignor Patrick Canon Burke (Administrator) Father Robert Taylor (Assistant Priest) Father John Peter Sippai Siluvappan (Assistant Priest & Hospital Chaplain) Father Tadeusz Puton (Polish Chaplain) Father Jose Thomas (In Residence) Deacon Peter Traynor (Permanent Deacon)		
Parish Sister:	Sr Miriam Fidelis Reed, RSM	cathedralhouse@stmaryscathedral.co.uk	0131 556 1798
Finance Officer: (Mon, Weds, Thurs.)	Caroline Reid	finance@stmaryscathedral.co.uk	0131 523 0101
Complex Manager: (Mon, Weds, Thurs.)	Alice Harrison	complexmanager@stmaryscathedral.co.uk	
Director of Music:	Michael Ferguson	directorofmusic@stmaryscathedral.co.uk	
Organist:	Tom Wilkinson	organist@stmaryscathedral.co.uk	
Safeguarding:	Chris McCabe	chris.mccabe@staned.org.uk	

“May the angels lead him into paradise...” Please pray for the repose of the soul of James McCaffery, one of our most faithful and long-standing parishioners, who died in January after a long illness. His funeral will be this Tuesday, 20 February at 10:00am at St. Andrew's, Ravelston. May he rest in peace!

Baptisms: The next Baptism Preparation Course will be held on Microsoft Teams on Saturday 2 March, 2:30pm. To register your child for baptism, email cathedralhouse@stmaryscathedral.co.uk.

Marriages: Couples should contact the parish office at least six months prior to their proposed wedding.

Hospital Chaplains: To contact the hospital chaplains, please phone 07970 537 432 for Western General and 0131 536 1000 for the Royal Infirmary and ask for the priest on call.

Offertory: Sunday, 4th February 2024, Cathedral Offertory £1,757.38, St Andrew's Church Offertory £416.72, Jessie's Box (Parish Project) £16.70; Sunday, 11th February 2024, Cathedral Offertory £ 2,053.54, St Andrew's Church Offertory £ 340.65, Jessie's Box (Parish Project) £ 32.67

Music for the 9am Mass

Communion reflection: Rizza *O Lord, my heart is not proud*

Music for the 12pm Mass

Mass setting: Michael Haydn *Missa tempore Quadragesimae*

Offertory motet: Arbo *Crossing the bar*

Communion motet: Palestrina *Super flumina*

Organ Voluntary: Bach, *Prelude in C minor*

1. Forty days and forty nights
you were fasting in the wild;
forty days and forty nights,
tempted still, yet unbeguiled.

2. Sunbeams scorching all the day,
chilly dew-drops nightly shed,
prowling beasts about your way,
stones your pillow, earth your bed.

3. Let us your endurance share,
and from earthly greed abstain,
with you vigilant in prayer,
with you strong to suffer pain.

4. Then if evil on us press,
flesh or spirit to assail,
Victor in the wilderness,
help us not to swerve or fail.

5. So shall peace divine be ours;
holy gladness, pure and true:
come to us, angelic powers,
such as ministered to you.

6. Keep, O keep us, Saviour dear,
ever constant by your side,
that with you we may appear
at th'eternal Eastertide.

—

1. You who dwell
in the shelter of the Lord,
who abide in his shadow for life,
say to the Lord: "My refuge, my rock in
whom I trust!"

*And he will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand.*

2. The snare of the fowler
will never capture you,
and famine will bring you no fear:
under his wings your refuge,
his faithfulness your shield.

3. You need not fear
the terror of the night,
nor the arrow that flies by day;
though thousands fall about you,
near you it shall not come.

4. For to his angels he's given a command
to guard you in all of your ways;
upon their hands they will bear you up,
lest you dash your foot against a stone.

1. Come down, O Love divine,
seek thou this soul of mine,
and visit it with thine
own ardor glowing;
O Comforter, draw near,
within my heart appear,
and kindle it, thy holy flame bestowing.

2. O let it freely burn,
till earthly passions turn
to dust and ashes in its heat consuming;
and let thy glorious light
shine ever on my sight,
and clothe me round,
the while my path illuming.

3. Let holy charity
my outward vesture be,
and lowliness become my inner clothing;
true lowliness of heart
which takes the humbler part,
and for its own shortcomings
weeps with loathing.

4. And so the yearning strong,
with which the soul will long,
shall far outpass the power
of human telling;
for none can guess its grace,
till Love create a place
wherein the Holy Spirit
makes a dwelling.

—

1. You shall cross the barren desert,
but you shall not die of thirst.
You shall wander far in safety
though you do not know the way.
You shall speak your words
in foreign lands
and they will understand.
You shall see the face of God and live.

*Be not afraid.
I go before you always.
Come, follow me and I will give you rest.*

2. If you pass through
raging waters in the sea
you shall not drown.
If you walk amid the burning flames,
you shall not be harmed.
If you stand before the power of hell
and death is at your side,
know that I am with you through it all.

3. Blessed are the poor,
for the Kingdom shall be theirs.
Blest are you that weep and mourn
for one day you shall laugh.
And if wicked tongues
insult and hate you
all because of me,
blessed, blessed are you!

1. Christ is made the sure foundation,
Christ the head and cornerstone,
chosen of the Lord and precious,
binding all the Church in one;
holy Zion's help forever,
and her confidence alone.

2. To this temple, where we call you,
come, O Lord of hosts, today:
you have promised loving kindness,
hear your servants as we pray,
bless your people now before you,
turn our darkness into day.

3. Hear the cry of all your people,
what they ask and hope to gain;
what they gain from you, for ever
with your chosen to retain,
and hereafter in your glory
evermore with you to reign.

4. Praise and honour to the Father,
praise and honour to the Son,
praise and honour to the Spirit,
ever Three and ever One,
One in might and One in glory
while unending ages run.

1. Love is His word, love is His way,
feasting with all, fasting alone,
living and dying, rising again,
love only love, is His way.

*Richer than gold is the love of my Lord:
better than splendour and wealth.*

2. Love is His way, love is His mark,
sharing His last Passover feast,
Christ at the table, host to the Twelve,
love, only love, is His mark.

3. Love is His mark, love is His sign,
bread for our strength,
wine for our joy,
'This is my Body, this is my Blood.'
Love, only love, is His sign.

4. Love is His sign, love is His news,
'Do this,' he said, 'lest you forget
all my deep sorrow, all my dear Blood.'
Love, only love, is His name.

5. Love is His news, love is His name,
we are His own, chosen and called,
family, brethren, cousins and kin.
Love, only love, is His name.

6. Love is His name, love is His law,
hear His command, all who are His,
'Love one another, I have loved you.'
Love, only love, is His law.

7. Love is His law, love is His word:
love of the Lord, Father and Word,
love of the Spirit, God ever one,
love, only love, is His word.

READINGS FOR SUNDAY MASS

First reading

Genesis 9:8-15

'There shall be no flood to destroy the earth again'

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

Responsorial Psalm

Psalm 24(25):4-6,7b-9

Your ways, Lord, are faithfulness and love for those who keep your covenant.

Second reading

1 Peter 3:18-22

The water on which the Ark floated is a type of the baptism which saves you now

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

Gospel

Mark 1:12-15

Jesus was tempted by Satan, and the angels looked after him

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

PARISH NOTICES

Roof Update

Just to let you all know that since the end of the Advent Appeal a great deal of work has been going on behind the scenes to move the first phase of the roof repairs to the Cathedral forward. Given the extremely generous response to the Appeal, this first phase will encompass more than originally envisaged and the intention is to carry out all the works needed to Sacristy 1 and the area around it. A project team has now been formed, which will be led by Lorcan Mooney, Director of Property for the Archdiocese, with Chris Prentice of *Adams Napier* (Chartered Building Surveyors) acting as project manager. They are joined on the team by a number of other external professionals. Meanwhile I am working hard on accessing additional grant funding. The next stage is the development of a scope of works followed by a tendering process. It is difficult at this point to be precise about timings, but we hope to be underway by the Summer. Phase two is likely to be the area of small-pitched roofs over Sacristy 2. Completion of all the works needed seems likely to be the work of years. The works will bring significant challenges to how the Cathedral operates and require careful planning, but it is good to be underway and will be a pleasure to say goodbye to the first of the buckets!

Rite of Election at Noon Mass Today

His Grace, the Archbishop, will celebrate the Noon Mass today with the Rite of Election in which he will accept those preparing to be received into the Church at Easter. Please keep all of them in your prayers.

Friends Event with Prof. Stephany Biello Divine Sight, Sisterhood, and Courage: Women's Stories in the Old Testament

The Old Testament is full of stories of remarkable women, join Friends of the Cathedral on Wednesday, 21st February, 7.30pm in Coffee Saints to hear Prof Stephany Biello talk about their courage. There are a limited number of places available, please contact ppccathedral@stmaryscathedral.co.uk to let Friends know you would like to come. You can find out more about and join Friends of St Mary's Cathedral at <https://www.stmaryscathedral.co.uk/friends>.

Lenten Eucharistic Adoration and Stations of the Cross

Every Friday during Lent, Eucharistic Adoration will be held in the Cathedral from 10:30am-12:30pm, followed by the 12:45pm daily Mass and afterwards we will pray the Stations of the Cross.

Adult Confirmation Classes Begin Wednesday

This Lent, the Cathedral will run a six-week course for adults to prepare to receive the Sacrament of Confirmation at the Easter Vigil on Saturday 31st March. Classes start this Wednesday 21st February at 7pm with an in-person meeting at 61 York Place, followed by four on-line meetings and concluding with the last meeting on Wednesday, 27th March at 7pm. If you have not received the Sacrament of Confirmation and would like to register, contact cathedralhouse@stmaryscathedral.co.uk.

Fr. Jonathan Whitworth to Speak at the Young Adults on Tuesday at 7pm

All young adults ages 18-35 are welcome to come along to our Young Adults talk on Tuesday, 20th February. We will welcome Fr. Jonathan Whitworth who will speak on 'What is Man? Created in the image and likeness of God.' Come for teas and coffees at 7:00pm and then the talk at 7:30pm, and Night Prayer and pub discussion to conclude.

Children's Catechism for First Holy Communion

Classes for First Holy Communion are open to all children in Primary 4 and above who have received First Reconciliation and will begin on Sunday, 26 February. Prior registration is essential! Register online at <https://www.stmaryscathedral.co.uk/first-communion>. For more information contact the parish office at cathedralhouse@stmaryscathedral.co.uk. Please note that the First Holy Communion parents meetings will take place just after mid-term on Mon 19th Feb. Those parents who have registered their child for First Holy Communion will receive an email with details and the online link for the meeting.

Sacrament of Confession in Lent

Please take the time in Lent to go to Confession to help you prepare for Easter. Remember that it is a Precept of the Church that all Catholics should go to Confession at least once a year, at Easter or thereabouts. Priests are available to hear confessions Monday-Friday after the 12:45pm Mass and Saturdays 10:30am-12Noon and 5:00-5:45pm. 'How to Go to Confession' cards are available by the Confessionals or at <https://bit.ly/HowtogotoConfession>. For further information on the Sacrament of Confession, visit <https://goodconfession.com/>.

Help Needed: Passkeepers for All Masses and 7:30pm EMHC and Readers

We are in need of Extraordinary Minister of Holy Communion and Readers for 7:30pm Sunday Mass, and passkeepers for all Masses to help greet people. If you can help, please contact Elizabeth Andrews at Elizabeth@rhandrews.plus.com.

Altar Servers Needed

All those who have made their First Holy Communion are encouraged to consider becoming an altar server. The Cathedral needs more altar servers for all Sunday Masses, but especially at the 9:00am Mass. If you would like to learn more about altar serving and want to sign up, speak to Fr. Robert or Wojtek.

Friendship Group: Coffee Afternoon and Cinema Outing

The Friendship Group Coffee Afternoon is on Tuesday 20th February at 2:00pm-3:30pm in Coffee Saints. Open to all over 60, if you're thinking of coming along, please join us. Cinema outing Wednesday 21st February, film is 'The Zone of Interest,' showing at 1.20pm, meet upstairs at Omni, Greenside. Cheapest way to book is online. Trish has booked 6 seats via online, text her to reserve 07541 552070.

Catholic Men's Group Meeting

The Catenian Association invites all Catholic men, married or single, to their next monthly meeting on Wednesday, 21 February at 7:00 p.m. in 63 York Place. The Association is an international body of Catholic laymen who meet to offer friendship and support to Catholic men at all stages of their lives. For more information contact John Russell at 01555 728032 or membership@thecatenians.com. Other meetings will be 20th March, 17th April, 15th May and 19th June.

Thank You for Woolly Hat Donations

The Stella Maris organisation is very grateful to the parish for a generous response to the woolly hats appeal. Thank you! Warm hats are much appreciated by seafarers! The donated hats will be passed on to

the seafarers by chaplains and ship visitors. Learn more about how Stella Maris supports seafarers, fishers, and their families around the world at <https://stellamaris.org.uk/>.

RAVELSTON NOTICES

Wednesday Adoration, Confession and Stations of the Cross

Every Wednesday we have Eucharistic Adoration and Confessions 5:00pm-6:00pm, followed by 6:00pm Mass. Immediately after Mass, we will pray the Stations of the Cross 6:30pm-7:00pm. Come and join us!

Justice and Peace Scotland at February St. Andrew's Talk

The next St Andrew's Talk will take place in the Parish Rooms on Monday 26th February from 6.45pm. Anne-Marie Clements, the Catholic Social Teaching Engagement Officer for Justice and Peace Scotland will speak about the work of the Bishops' Conference of Scotland Commission and how it is all underpinned by the principles of Catholic Social Teaching. This is a great opportunity to find out more about how we can enact the words of Pope St Paul VI, "If you want peace, work for justice". The talk will be followed by some light refreshments.

OTHER NOTICES

Ask Your MP to Support the Abortion Time Limit Reduction Amendment

Support an amendment to reduce our abortion time limit from 24 weeks to 22 weeks. Research indicates that a significant number of babies born at 22 or 23 weeks can now survive outside the womb, leaving a contradiction in our abortion law. **Take action:** Collect a postcard today from the back of the church and post it to your MP urgently in support of this amendment!

Youth 2000 Edinburgh Retreat for Young Adults

The ARISE retreat on Saturday 24 February, 9:00am-9:00pm is for 16-35 year-olds across Scotland to gather for a full day of faith, fun and friendship at St Albert's Chaplaincy, George Square, Edinburgh. The day includes Mass, Adoration, talks, small group discussion, opportunities for Confession and more. Tickets are £15 which includes lunch & dinner. Questions? Contact events@youth2000.org. Register online at <https://www.youth2000.org/events/Edinburgh>.

Explore the Vocation to Religious Life

Thinking about a vocation to the religious life? Join other young Catholic women to chat and explore God's will. Led by Sr Mirjam Hugens FSO, the next meeting takes place Sunday 25 February, 4-7pm at St Columba's, 9 Upper Gray Street. To register email religiousvocations@staned.org.uk

Archdiocesan Day for Catechists

If you are involved with RCIA, children's liturgy, sacramental preparation or any other catechist role, register for the Archdiocesan Day for Catechists at Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB, Saturday 9 March, 10:30am-3:00pm. In workshops and talks, we will highlight baptismal and sacramental preparation, children's liturgy, lesson plans and resources...and lots more! There will be a bookstand featuring titles for children & adults. Visit <https://bit.ly/dayforcatechists>

Pathways of Hope: Catholic Social Teaching

A forum on Catholic Social Teaching and Poverty titled 'Pathways of Hope' takes place on Saturday 16 March 10:30am-3:00pm at The Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB. Register at bit.ly/pathwaysofhopeevent

Called to be Saints - Youth Day for S1-S4

A day of inspiration, friendship and prayer for S1-S4 pupils that asks the question '*what does it to be a saint in the modern world?*' Run by Fr Robert Taylor and Fr Martin Eckersley, it features talks from guests including Judith Ralston, BBC Scotland weather presenter. It takes place on Saturday 23 March, midday to 4:00pm at The Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB. Register your child for this FREE event at bit.ly/calledtobesaints

Job Vacancy: Estates Surveyor

The Archdiocese of St Andrews & Edinburgh is seeking to appoint an Estates Surveyor to support the Director of Property in all aspects of property management, development, letting, acquisitions, and sales of property. The role holder should have significant property related experience and ideally be RICS qualified. Salary: £31.5-35K dependent on qualifications/experience. To apply, please send your CV and a cover letter detailing how your skills and experience make you suitable for this role to recruitment@staned.org.uk by Friday 1 March 2024.

Support Church in the Holy Land

Aid to the Church in Need is working with Church partners to help Christians in the Holy Land receive water, food, medicine, rent and other essentials as families in the region face desperate need amid the ongoing conflict. To donate, please visit <https://acnuk.org/our-campaigns/holy-land/>.

Remembering Service for Those Suffering Loss of a Child

A service for those who have suffered the loss of a child, from the beginning of pregnancy onwards, together with those who wish to come in love and support, to have time in quiet surroundings to fully recognise their loss and help with healing. Sunday 3 March, 5:00pm at St John the Baptist RC Church, 37 St Ninian's Rd, Edinburgh, EH12 8AL. Ecumenical and open to all.

June 2024 Brechannoch Pilgrimage: Walk from Oban to Iona Abbey

This year's, Brechannoch Pilgrimage, a walking pilgrimage from Oban to Iona Abbey is 7 to 10 June 2024. The purpose of the pilgrimage is to pray and do penance for the evangelisation of Scotland and for the sanctity of her priests. Pilgrims will walk for 3 days, carrying the relics of St Columba across the Isles, until they reach Iona Abbey, where Holy Mass and a Solemn Procession will take place on the Solemnity of St Columba. Booking online at <https://www.brechannoch.org/>. Deadline is 29 February 2024.



Coffee Saints
www.coffeesaints.co.uk
0771 970 5809
hello@coffeesaints.co.uk
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