

ST MARY'S CATHOLIC CATHEDRAL & ST ANDREW'S, RAVELSTON

Archdiocese of St Andrews & Edinburgh

Fourth Sunday In Ordinary Time – Year B
Sunday, 28th January 2023

MASS TIMES IN THE CATHEDRAL (*Broughton Street, Edinburgh, EH1 3JR*)

Day	Time	Holy Day	Mass Intention
Sunday 28 January	6.00pm		People of the Parish
	9.00am		Melina Austero, RIP
	10.30am		Polish
	12.00pm		Thomas Aruldass, RIP
	6.00pm		Polish
	7.30pm		Andrew Burns, RIP
Monday 29 January	10.00am		Germain Burton
	12.45pm		Oliver Christian and Jennifer Rodil
	6.00pm		Polish
Tuesday 30 January	10.00am		Special Intention
	12.45pm		Jim Campbell, RIP
	6.00pm		Polish
Wednesday 31 January	12.45pm	St. John Bosco	Angelina Agnes Armah Abizie, RIP
	6.00pm		Polish
	10.00am		Martin Alec McLeod, RIP
Thursday 1 February	12.45pm		Bill and Annette Oliver, RIP
	6.00pm		Polish
	10.00am	Feast of the Presentation of the Lord	Irena and Zbigniew Kuzemko, RIP
Friday 2 February	12.45pm		Mary Gibson, RIP
	6.00pm		Polish
	9.00am	St. Blaise	Polish
Saturday 3 February	10.00am		Special Intention
	Confessions:	Monday-Friday	After the 12.45pm Mass 5.00pm to 6.00pm
		Saturday	8.00am-9.00am 10.30am-12noon, 5-5.45pm
			(English) (Polish) (Polish) (English) (English)
Exposition	Saturday	10.30am to 12noon	

MASS TIMES IN ST ANDREW'S, RAVELSTON (*77 Belford Road, Edinburgh, EH4 3DS*)

Day	Time	Holy Day	Mass Intention
Sunday 28 January	10.30am		Dan and Birdie Boyle, RIP
Monday 29 January	6.00pm		Sean Swiny, RIP
Tuesday 30 January	6.00pm	St. John Bosco	Special Intention
Wednesday 31 January	6.00pm		Ellen Murray, RIP
Thursday 1 February	6.00pm		John Stevenson, RIP
Friday 2 February	6.00pm	Feast of the Presentation of the Lord	John Donnelly, RIP

PARISH OF ST MARY'S CATHEDRAL & ST ANDREW'S, RAVELSTON

The Parish Office can be contacted on 0131 556 1798 or cathedralhouse@stmaryscathedral.co.uk

Postal Address: Cathedral House, 61 York Place, Edinburgh, EH1 3JD

Website: www.stmaryscathedral.co.uk

Parish Clergy:	Monsignor Patrick Canon Burke (Administrator)		
	Father Robert Taylor (Assistant Priest)		
	Father John Peter Sippai Siluvappan (Assistant Priest & Hospital Chaplain)		
	Father Tadeusz Puton (Polish Chaplain)		
	Father Jose Thomas (In Residence)		
	Deacon Peter Traynor (Permanent Deacon)		
Parish Sister:	Sr Miriam Fidelis Reed, RSM	cathedralhouse@stmaryscathedral.co.uk	0131 556 1798
Finance Officer: (Mon, Weds, Thurs.)	Caroline Reid	finance@stmaryscathedral.co.uk	0131 523 0101
Complex Manager: (Mon, Weds, Thurs.)	Alice Harrison	complexmanager@stmaryscathedral.co.uk	
Director of Music:	Michael Ferguson	directorofmusic@stmaryscathedral.co.uk	
Organist:	Tom Wilkinson	organist@stmaryscathedral.co.uk	
Safeguarding:	Chris McCabe	chris.mccabe@staned.org.uk	

“May the angels lead him into paradise...” Please pray for the repose of the soul of James McCaffery, one of our most faithful and long-standing parishioners, who died last week after a long illness. His funeral will be at St. Andrew's, Ravelston on Tuesday, 20 February at 10:00am. May he rest in peace!

Baptisms: The next Baptism Preparation Course will be held on Microsoft Teams on Saturday 3 February, 2:30pm. To register your child for baptism, email cathedralhouse@stmaryscathedral.co.uk.

Marriages: Couples should contact the parish office at least six months prior to their proposed wedding.

Hospital Chaplains: To contact the hospital chaplains, please phone 07970 537 432 for Western General and 0131 536 1000 for the Royal Infirmary and ask for the priest on call.

Offertory: Sunday. 21st January 2024, Cathedral Offertory £1,951.63, St Andrew's Church Offertory £456.40.

Music for the 9am Mass

Communion reflection: Nazareth *Go in peace*

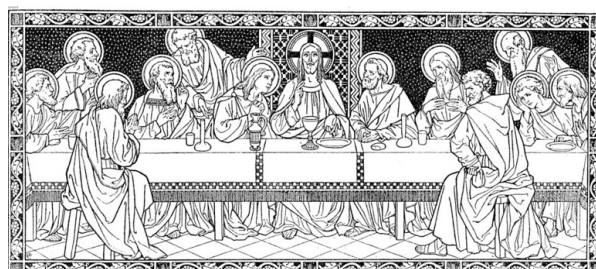
Music for the 12 noon Mass

Mass setting: Palestrina *Missa Jam Christus astra ascenderat*

Offertory motet: Mealor *O Sweetest Jesus*

Communion motet: Mozart *Ave verum*

Organ voluntary: MacMillan, 'One' from *St Andrews' Suite*



1. Praise to the Holiest in the height,
and in the depth be praise;
in all His words most wonderful,
most sure in all His ways.

2. O loving wisdom of our God!
when all was sin and shame,
a second Adam to the fight,
and to the rescue came.

3. O wisest love!
That flesh and blood,
which did in Adam fail,
should strive afresh against the foe,
should strive and should prevail.

4. And that a higher gift than grace
should flesh and bone refine,
God's presence and His very self,
and essence all-divine.

—

*O the word of my Lord,
deep within my being,
O the word of my Lord,
you have filled my mind.*

1. Before I formed you in the womb,
I knew you through and through,
I chose you to be mine.
Before you left your mother's side,
I called you, my child, to be my sign.

2. I know that you are very young,
but I will make you strong,
I'll fill you with my word;
and you will travel through the land,
fulfilling my command
which you have heard.

3. And ev'rywhere you are to go
my hand will follow you;
you will not be alone.
In all the danger that you fear
you'll find me very near,
your words my own.

*Lay your hands gently upon us,
let their touch render your peace,
let them bring your forgiveness and healing,
lay your hands, gently lay your hands.*

1. You were sent to free
the broken-hearted.
You were sent to give sight
to the blind.
You desire to heal all our illness.
Lay your hands,
gently lay your hands.

2. Lord, we come to you
through one another,
Lord, we come to you in all our need.
Lord, we come to you
seeking wholeness.
Lay your hands,
gently lay your hands.

—

1. Be still and know that I am God,
Be still and know that I am God,
Be still and know that I am God!

2. I am the Lord that healeth thee,
I am the Lord that healeth thee,
I am the Lord that healeth thee!

3. In thee, O Lord, I put my trust,
In thee, O Lord, I put my trust,
In thee, O Lord, I put my trust!

1. O Lord, my God,
When I in awesome wonder
Consider all the works
Thy hand has made,
I see the stars,
I hear the rolling thunder,
Thy pow'r throughout
The universe displayed.

*Then sings my soul,
my Saviour God, to Thee:
How great Thou art, how great Thou art.
Then sings my soul,
my Saviour God, to Thee;
How great Thou art, how great Thou art.*

2. When through the woods
and forest glades I wander
and hear the birds sing
sweetly in the trees;
when I look down
from lofty mountain grandeur,
and hear the brook,
and feel the gentle breeze.

3. And when I think that God,
His Son not sparing,
Sent him to die;
I scarce can take it in,
That on the cross,
My burden gladly bearing,
He bled and died
To take away my sin.

1. Sweet Saviour, bless us ere we go;
Thy word into our minds instil,
and make our
lukewarm hearts to glow
with lowly love and fervent will:

*Through life's long day
and death's dark night,
O gentle Jesus, be our light.*

2. The day is done,
its hours have run;
and Thou hast taken count of all,
the scanty triumphs grace has won,
the broken vow, the frequent fall.

3. Grant us, dear Lord,
from evil ways
true absolution and release;
and bless us,
more than in past days,
with purity and inward peace.

READINGS FOR SUNDAY MASS

First reading

Deuteronomy 18:15-20

I will raise up a prophet and put my words into his mouth

Moses said to the people: 'The Lord your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die.'"

Responsorial Psalm

Psalm 94(95):1-2,6-9

O that today you would listen to his voice! 'Harden not your hearts.'

Second reading

1 Corinthians 7:32-35

Give your undivided attention to the Lord

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

Gospel

Mark 1:21-28

Unlike the scribes, he taught them with authority

Jesus and his disciples went as far as Capernaum, and as soon as the sabbath came he went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority.

In their synagogue just then there was a man possessed by an unclean spirit and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

PARISH NOTICES

Parish Lenten Book Club

As a new initiative this year we, (the Cathedral clergy), are inviting all of you, (the parishioners), to join us in a Parish Lenten Reading Project! During the six weeks of Lent (14 Feb – 31 March) each one of us will be leading an on-line reading group which will meet once every week during Lent to discuss our Parish Book – which this year is going to be “The Path of Life” by Cyprian Smith OSB. If you would like to participate in this “Parish Book Club” for Lent then all you need to do is contact Darleen on data@stmaryscathedral.co.uk and she will send you the various days and times that the groups will be meeting. You then pick which group you would like to join, get hold of the book (which is available in St. Pauls Book Shop), and the rest is plain sailing! I think this is a great idea!! It will give us all a simple, practical way to do something really good for Lent, it will draw us together as a parish and (hopefully) it will help us all to come closer to Christ. Why not think about it – and if you want to participate drop Darlene an email as soon as possible.

Fr. Patrick

***Crux* Magazine on Sale Next Weekend!**

Please note that the Winter issue of the Friends of the Cathedral's *Crux* magazine will be on sale after Masses next weekend for just £5 per copy (i.e. remember to bring an extra fiver – ed!). Read articles on the Gospel of Mark event with Professor Edwards, the parish retreat to Kinnoull and Fr. Robert's look at the ins and outs of the liturgical year. All proceeds support the Cathedral.

Rite of Enrolment for Confirmation

Today at 9am Mass at the Cathedral and 10:30am Mass at Ravelston, we welcome the children who are preparing to receive the sacrament of Confirmation (along with their families) as they are formally enrolled for the sacrament. Please keep them in your prayers.

Tickets on Sale Today! Adult Quiz Night Friday, 9th February

Tickets are on sale again today after the 9am and Noon Masses for our Adults Quiz Night in Coffee Saints on Friday 9th February at 7pm with a cash bar and nibbles provided. Tickets are £10 per person with all proceeds to Cathedral funds. Ticket sales are brisk, and you are advised to get your tickets at your earliest opportunity, either at the Masses above or by email at cathedralhouse@stmaryscathedral.co.uk.

Prof Biello to Speak at the Young Adults on Tuesday at 7pm

Our series of talks on Christian Friendship in a secular world continues this week on Tuesday, 23 January when we welcome Professor Stefany Biello from University of Glasgow who will speak on 'Community: The setting of true friendship.' Professor Biello is Professor of Neuroscience and Biopsychology. Come for teas and coffees at 7:00pm and then the talk at 7:30pm, and Night Prayer and pub discussion to conclude. All young adults aged 18-35 are welcome to join us.

Parish Youth Group (P3-P7) Tonight

The Youth Group meets at St Andrew's, Ravelston tonight. All P3-7's are welcome to join the group which meets between 6 and 7.30 at St Andrew's, Ravelston. Come to learn about the faith, socialise and enjoy the tuck shop! There is a one off £1 registration fee for the year.

Friendship Group: Coffee Afternoon

The Friendship Group Coffee Afternoon is on Tuesday 30th January at 2:00pm-3:30pm in Coffee Saints. Open to all over 60, if you're thinking of coming along, please join us.

Children's Catechism for First Holy Communion

Classes in preparation for First Holy Communion are open to all children in Primary 4 and above who have received First Reconciliation and will begin on Sunday, 26 February. Prior registration is essential! Register online at <https://www.stmaryscathedral.co.uk/first-communion>. For more information contact the parish office at cathedralhouse@stmaryscathedral.co.uk.

Catholic Men's Group Meeting in February

The Catenian Association invites all Catholic men, married or single, to their next monthly meeting on Wednesday, 21 February at 7:00 p.m. in 63 York Place. The Association is an international body of Catholic laymen who meet to offer friendship and support to Catholic men at all stages of their lives. For more information contact John Russell at 01555 728032 or membership@thecatenians.com. Other meetings will be 20th March, 17th April, 15th May and 19th June.

First Saturday Devotions

On Saturday, 3 February, 9:30am there will be devotions to Our Lady of Fatima here in the Cathedral, followed by 10:00am Mass. All are welcome!

2024 Marriage Preparation Courses

Our next Marriage Preparation courses will be in 2024 on the following Saturdays 2nd March, 1st June 24th August and 23rd November at St. Andrew's, Ravelston, 10am-5pm, with presentations by married couples from the parish. Please email cathedralhouse@stmaryscathedral.co.uk to register.

No Wednesday 10am Mass Until 13th March

Due to electrical circuit safety testing within the Cathedral, café and bookshop area, there will be no 10:00am Mass on Wednesdays until 13th March, except for Ash Wednesday on 14 February.

RAVELSTON NOTICES

Ravelston Parish Rooms Refurbishment Voting Slips Due Today

The parish rooms at St. Andrew's, Ravelston are due to be refurbished. Please complete a voting slip to provide your input on the refurbishment and return it to the back of church by today, Sunday 28 January.

Parents' Meeting for First Reconciliation

A reminder to parents of First Reconciliation pupils: The final parents meeting via Zoom is on Monday 29 January from 7pm. Please check your email from Fr Robert of 9 January for the link.

Each Wednesday at St. Andrew's 5:00pm Adoration

Don't forget to make some time to come before Our Lord in Eucharistic Adoration at St Andrew's, Ravelston, every Wednesday evening from 5pm.

OTHER NOTICES

Lourdes Mass on Sunday, 4 February

The February Mass in honour of Our Lady of Lourdes takes place at 3pm on Sunday 4 February at St John the Baptist Church, 37 St Ninian's Road, Corstorphine, Edinburgh EH12 8AL. The Mass is organised by the Edinburgh Lourdes Pilgrimage team. Refreshments in hall afterwards. All welcome.

Free Event: Valentine's Day Mini-Retreat for Married & Engaged Couples

A Valentine's mini-retreat for married couples and those preparing for marriage will take place on Saturday 10 February, 2pm-5pm. The event will include talks, time for couples to talk, Exposition of the Blessed Sacrament, and guided prayer with readings and prayers relevant to the vocation of marriage. Doors open from 1:30pm. Location is St Kentigern's, Parkgrove Avenue, Edinburgh EH4 7QR. Crèche available for children of primary school age and older. The event is organised by the Marriage & Families Commission of the Archdiocese of St Andrews & Edinburgh. For more information, contact matthew.meade@staned.org.uk. To register online for this FREE event please visit bit.ly/valretreat.

Join Women's Chat About Religious Life

Thinking about a vocation to the religious life? Join other young Catholic women to chat and explore God's will. Led by Sr Mirjam Hugens FSO, the first one takes place today Sunday 28 January, 4-7pm at St Columba's, 9 Upper Gray Street. The series continues same time/venue: 25 Feb, 17 Mar, 21 Apr, 12 May and 22 June. To register email religiousvocations@staned.org.uk

Let Us Pray Scotland: Speak Out for Religious Freedom

As the Scottish Government launches a consultation on banning what it refers to as "conversion practices," the Catholic Church has expressed serious concern at the nature and scope of any such legislation. Details at <https://bit.ly/ConversionPracticeConsultation>. Join over 2,000 others in signing a letter prepared by The Christian Institute to the Equalities Minister highlighting concerns that the bill threatens to criminalise aspects of the ordinary work of churches. Sign online <https://letuspray.uk/take-action/scotland>.

Soprano and Bass Wanted

Our Cathedral is seeking a soprano and a bass to sing in the Schola Cantorum octet. The choir sings weekly at the 12 noon Mass in the Cathedral, and at other services and concerts throughout the year. Alongside its core liturgical singing, recent highlights for the group have included singing as part of the Cathedral's pilgrimage to Rome in 2023, "Light from Light" candlelit concerts in the Archdiocese in 2022, and singing at the Festival Mass of the Cumnock Tryst in 2023. To apply or for more information, please contact Michael Ferguson, Director of Music, by 29 January: DirectorOfMusic@stmaryscathedral.co.uk

Job Vacancy: Justice and Peace Scotland

The Bishops Conference of Scotland Justice and Peace Commission (Justice and Peace Scotland) has a job vacancy for a Campaigns, Communications and Events Coordinator. The position is 24 hours per week and will require a degree of flexibility as some travel, evening and weekend work is required. Salary is £21,000 and closing date for application is Monday 5th February 2024. To express interest in the post and for a full job description please email the Chairperson, Jill Kent, jill.kent@justiceandpeacescotland.org.uk

Job Vacancy: Cook

The Jesuit Community at Sacred Heart Church, Lauriston, is seeking to employ a cook for 2 hours a day Monday to Thursday and Sunday, 11am to 1pm. More information from ejc@jesuit.org.uk

Remembering Service

A service for those who have suffered the loss of a child, from the beginning of pregnancy onwards, together with those who wish to come in love and support, to have time in quiet surroundings to fully recognise their loss and help with healing. Sunday 3 March, 5:00pm at St John the Baptist RC Church, 37 St Ninian's Rd, Edinburgh, EH12 8AL. Ecumenical and open to all.

Retreat for Young Adults

The ARISE retreat on Saturday 24 February, 9:00am-9:00pm is for 16-35 year-olds across Scotland to gather for a full day of faith, fun and friendship at St Albert's Chaplaincy, George Square, Edinburgh. The day includes Mass, Adoration, talks, small group discussion, opportunities for Confession and more. Tickets are £15 which includes lunch & dinner. Questions? Contact events@youth2000.org. Register online at <https://www.youth2000.org/events/Edinburgh>.

Online Bioethics Talks for University Students of Healthcare Professions

Beginning Monday, 5 February, a seven-week series of online bioethical talks are scheduled for university students in health and social care on the Catholic response to difficult ethical issues including conscience and conscientious objection, organ donation and brain death, IVF and reproductive technology, and much more. Talks are Mondays, 7pm-8pm on MS Teams. Register with King's Catholic Chaplain for Guy's Campus, Laurence Jasper, at laurence.jasper@kcl.ac.uk.

Colloquium: 'The Role of Religious Experience in Interreligious Dialogue'

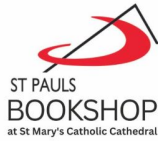
The Bishops' Conference of Scotland Committee for Interreligious Dialogue hosts its Annual Colloquium Residential 5:30pm, Friday 23 February to 3:30pm on Saturday 24 February 2024 at the Conforti Centre, Calder Avenue, Coatbridge, ML5 4JS. The event is a faith-formation opportunity for Catholics interested in or active in the work of interreligious dialogue. To register, email Interfaith Officer, Joe Sikora: joseph.sikora@bcos.org.uk. Visit <https://www.interreligiousdialogue.org.uk/colloquium/> for details.

Order of Malta Fundraising Ball 20th April

The Order of Malta, the Catholic Church's largest and oldest charity, supports the disadvantaged in Scotland and 120 other countries. On Saturday 20th April, the Order will host a fundraising Ball at Prestonfield - dinner, reeling to the Infamous Grouse band, and opportunities to donate towards the work of volunteers in Edinburgh, Coatbridge and Falkirk, and Beregovo, Ukraine where the Order runs a centre for severely disabled children. Email antonia@philiphaugh.com for details.



Coffee Saints
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