

ST MARY'S CATHOLIC CATHEDRAL & ST ANDREW'S, RAVELSTON

Archdiocese of St Andrews & Edinburgh

FIFTH SUNDAY IN ORDINARY TIME – YEAR B Sunday, 4th February 2024

MASS TIMES IN THE CATHEDRAL (Broughton Street, Edinburgh, EHI 3JR)

| Day | Time | Holy Day | Mass Intention |
|----------------------|----------|------------------------------|-----------------------------|
| Sunday 4 February | 6.00pm | | Eric Forrest, RIP |
| | 9.00am | | Greg Smith, RIP |
| | 10.30am | | Polish |
| | 12.00pm | | Russu Raimondo, RIP |
| | 6.00pm | | Polish |
| | 7.30pm | | People of the Parish |
| Monday 5 February | 10.00am | St. Agatha | Special Intention |
| | 12.45pm | | Special Intention |
| | 6.00pm | | Polish |
| Tuesday 6 February | 10.00am | St. Paul Miki and Companions | Mary Care McHale, RIP |
| | 12.45pm | | Tom and Irene O'Connor, RIP |
| | 6.00pm | | Polish |
| Wednesday 7 February | 12.45pm | | John Dunne, RIP |
| | 6.00pm | | Polish |
| Thursday 8 February | 10.00am | St. Jerome Emiliani | Souls in Purgatory |
| | 12.45pm | | Anne Reid McCardle, RIP |
| | 6.00pm | | Polish |
| Friday 9 February | 10.00am | | Frank Rourke, RIP |
| | 12.45pm | | Mariah Caldeira |
| | 6.00pm | | Polish |
| Saturday 10 February | 9.00am | St. Scholastica | Polish |
| | 10.00am | | Special Intention |
| Confessions: | Monday- | After the 12.45pm Mass | (English) |
| | Friday | 5.00pm to 6.00pm | (Polish) |
| | | 8.00am-9.00am | (Polish) |
| | Saturday | 10.30am-12noon, | (English) |
| | | 5-5.45pm | (English) |
| Exposition | Saturday | 10.30am to 12noon | |
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MASS TIMES IN ST ANDREW'S, RAVELSTON (77 Belford Road, Edinburgh, EH4 3DS)

| Day | Time | Holy Day | Mass Intention |
|----------------------|---------|------------------------------|----------------------------|
| Sunday 4 February | 10.30am | | James Kennedy, RIP |
| Monday 5 February | 6.00pm | St. Agatha | Ellen Murray, RIP |
| Tuesday 6 February | 6.00pm | St. Paul Miki and Companions | Religious Sisters of Mercy |
| Wednesday 7 February | 6.00pm | | Violet Knight, RIP |
| Thursday 8 February | 6.00pm | St. Jerome Emiliani | Maureen McCue, RIP |
| Friday 9 February | 6.00pm | | James Kennedy, RIP |

PARISH OF ST MARY'S CATHEDRAL & ST ANDREW'S, RAVELSTON

The Parish Office can be contacted on 0131 556 1798 or cathedralhouse@stmaryscathedral.co.uk

Postal Address: Cathedral House, 61 York Place, Edinburgh, EH1 3JD

 $Web site: \underline{www.stmaryscathedral.co.uk}$

Parish Clergy: Monsignor Patrick Canon Burke (Administrator)

Father Robert Taylor (Assistant Priest)

Father John Peter Sippai Siluvappan (Assistant Priest & Hospital Chaplain)

Father Tadeusz Puton (Polish Chaplain) Father Jose Thomas (In Residence)

Deacon Peter Traynor (Permanent Deacon)

Parish Sister:Sr Miriam Fidelis Reed, RSMcathedralhouse@stmaryscathedral.co.uk0131 556 1798Finance Officer:Caroline Reidfinance@stmaryscathedral.co.uk0131 523 0101

(Mon, Weds, Thurs.)

Complex Manager: Alice Harrison complexmanager@stmaryscathedral.co.uk

(Mon, Weds, Thurs.)

Director of Music: Michael Ferguson <u>directorofmusic@stmaryscathedral.co.uk</u>

Organist: Tom Wilkinson <u>organist@stmaryscathedral.co.uk</u>
Safeguarding: Chris McCabe <u>organist@stmaryscathedral.co.uk</u>
chris.mccabe@staned.org.uk

Baptisms: The next Baptism Preparation Course will be held on Microsoft Teams on Saturday 2 March, 2:30pm. To register your child for baptism, email cathedralhouse@stmaryscathedral.co.uk.

Marriages: Couples should contact the parish office at least six months prior to their proposed wedding.

Hospital Chaplains: To contact the hospital chaplains, please phone 07970 537 432 for Western General and 0131 536 1000 for the Royal Infirmary and ask for the priest on call.

Offertory: Sunday, 28th January, Cathedral Offertory £1,841.50, St Andrew's Church Offertory £503.22, Jessie's Box (Parish Project) £3.01

Music for the 9am Mass

Communion reflection: Rizza Jesus is our joy

Music for the 12 noon Mass

Mass setting: Kitson Mass in D Motet: Clausen Peace I leave with you



CATHEDRAL HYMNS FOR SUNDAY MASS

- 1. Lord of all hopefulness, Lord of all joy, whose trust, ever child-like, no cares can destroy, be there at our waking, and give us, we pray, Your bliss in our hearts, Lord, at the break of the day.
- 2. Lord of all eagerness, Lord of all faith, whose strong hands were skilled at the plane and the lathe, be there at our labours, and give us, we pray, Your strength in our hearts, Lord, at the noon of the day.
- 3. Lord of all kindliness, Lord of all grace, Your hands swift to welcome, your arms to embrace, be there at our homing, and give us, we pray, Your love in our hearts, Lord, at the eve of the day.
- 4. Lord of all gentleness, Lord of all calm, whose voice is contentment, whose presence is balm, be there at our sleeping, and give us, we pray, Your peace in our hearts, Lord, at the end of the day.
- 1. Lord Jesus Christ You have come to us You are one with us Mary's Son Cleansing our souls from all their sin Pouring Your love and goodness in Jesus, our love for you we sing Living Lord
- 2. Lord Jesus Christ
 Now and every day
 Teach us how to pray
 Son of God
 You have commanded us to do
 This in remembrance Lord of you
 Into our lives your power
 breaks through
 Living Lord
- 3. Lord Jesus Christ You have come to us Born as one with us Mary's Son Led out to die on Calvary Risen from death to set us free Living Lord Jesus, help us see You are Lord
- 4. Lord Jesus Christ I would come to you, live my life for you Son of God All your commands I know are true Your many gifts will make me new Into my life your power breaks through Living Lord

- 1. Gifts of bread and wine, gifts we've offered, fruits of labour, fruits of love, taken, offered, sanctified, blessed and broken; words of one who died;
- 'Take my body, take my saving blood.' Gifts of bread and wine: Christ our Lord.
- 2. Christ our Saviour, living presence here, as he promised while on earth: 'I am with you for all time, I am with you in this bread and wine.'
- 3. To the Father, with the Spirit, one in union with the Son, for God's people, joined in prayer, faith is strengthened by the food we share.
- 1. Lord make me a means of Your peace. Where there's hatred grown, let me sow Your love. Where there's injury Lord let forgiveness be my sword. Lord, make me a means of Your peace.
- 2. Lord, make me a means of Your peace. Where there's doubt and fear, let me sow Your faith. In this world's despair, give me hope in you to share. Lord, make me a means of Your peace.
- 3. Lord make me a means of Your peace. When there's sadness here let me sow Your joy. When the darkness nears may Your light dispel our fears. Lord make me a means of Your Peace.
- 4. Lord grant me to seek and to share: less to be consoled than to help console, less be understood than to understand Your good. Lord make me a means of Your Peace
- 5. Lord grant me to seek and to share: to receive love less than to give love free, just to give in Thee, just receiving from your tree. Lord, make me a means of your peace.
- 1. Jesus my Lord, my God, my all, how can I love Thee as I ought? And how revere this wondrous gift so far surpassing hope or thought?

Sweet Sacrament, we Thee adore; O make us love Thee more and more.

- 2. Had I but Mary's sinless heart to love Thee with, my dearest King, O, with what bursts of fervent praise Thy goodness, Jesus, would I sing!
- 3. Ah, see, within a creature's hand the vast Creator deigns to be, reposing, infant-like, as though on Joseph's arm, or Mary's knee.

- 4. Thy body, soul and Godhead, all: O mystery of love divine! I cannot compass all I have, for all thou hast and art are mine.
- 5. Sound, sound, his praises higher, still, and come, ye angels, to our aid; 'tis God, 'tis God, the very God whose pow'r both us and angels made.
- 1. O praise ye the Lord!
 Praise Him in the height
 Rejoice in His word, ye angels of light
 Ye heavens adore Him
 by whom ye were made
 And worship before Him,
 in brightness arrayed.
- 2. O praise ye the Lord!
 Praise Him upon earth
 In tuneful accord, ye sons of new birth
 Praise Him who has brought you
 His grace from above
 praise Him who has taught you
 to sing of His love.
- 3. O praise ye the Lord, all things that give sound Each jubilant chord, re-echo around Loud organs, His glory forth tell in deep tone And sweet harp, the story of what He hath done.
- 4. O praise ye the Lord!
 Thanksgiving and song,
 to Him be outpoured all ages along.
 For love in creation, for heaven restored,
 for grace of salvation, O praise ye the Lord!
- 1. Colours of day dawn in the mind, the sun has come up, the night is behind. Go down in the city, into the street, and let's give the message to the people we meet.
- So light up the fire and let the flame burn, open the door, let Jesus return, take seeds of his Spirit, let the fruit grow, tell the people of Jesus, let his love show.
- 2. Go through the park, on into the town; the sun still shines on; it never goes down. The light of the world is risen again; the people of darkness are needing our friend.
- 3. Open your eyes, look into the sky, the darkness has come, the sun came to die. The evening draws on, the sun disappears, but Jesus is living, and his Spirit is near.

READINGS FOR SUNDAY MASS

First reading Job 7:1-4,6-7

My life is but a breath

Job began to speak:

Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery?

Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief.

Lying in bed I wonder, 'When will it be day?'
Risen I think, 'How slowly evening comes!'
Restlessly I fret till twilight falls.

Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind.

Remember that my life is but a breath, and that my eyes will never again see joy.

Responsorial Psalm Psalm 146(147):1-6

Praise the Lord who heals the broken-hearted.

Second reading 1 Corinthians 9:16-19,22-23

I should be punished if I did not preach the Gospel

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak: I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

Gospel Mark 1:29-39

He cast out devils and cured many who were suffering from disease

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

PARISH NOTICES

Winter Issue of *Crux* Magazine on Sale Today!

The new and exciting Winter issue of the Friends of the Cathedral's *Crux* magazine is on sale after Masses today for just £5 per copy. Pick up a copy and read fascinating articles on the Gospel of Mark event with Professor Edwards, the parish retreat to beautiful St Mary's Monastery, Kinnoull, and Fr. Robert's look at the ins and outs of the liturgical year. Get a copy or more to share with family and friends. All proceeds support the Cathedral!

Next Weekend: Stella Maris Woolly Hat Appeal

Seafarers, men and women, come to our shores without warm clothing and welcome the gift of a woolly hat. The Stella Maris charitable organisation does its best to supply them but needs your help! If you can donate a woolly hat, either new or lightly used, Anne Marie Stephen will be in the Octagon to collect them after all Masses next weekend. Learn more about how Stella Maris supports seafarers, fishers, and their families in the UK and around the world at https://stellamaris.org.uk/.

Parish Lenten Book Club

Join us for a Parish Lenten Reading Project! During the six weeks of Lent (14 Feb – 31 March) each one of us clergy will be leading an on-line reading group which will meet once every week during Lent to discuss our Parish Book – "The Path of Life" by Cyprian Smith OSB. If you would like to participate in this "Parish Book Club" for Lent then all you need to do is contact Darlene on data@stmaryscathedral.co.uk and she will send you the various days and times that the groups will be meeting. You then pick which group you would like to join, get hold of the book (which is available in St. Pauls Book Shop). I think this is a great idea!! It will give us all a simple, practical way to do something really good for Lent, it will draw us together as a parish and (hopefully) it will help us all to come closer to Christ. Why not think about it – and if you want to participate drop Darlene an email as soon as possible.

Fr. Patrick

First Reconciliation on Tuesday, 7:00pm

Children of St. Mary's Primary School will receive the Sacrament of Reconciliation for the first time on Tuesday evening at the Cathedral at 7:00pm. Please keep them in your prayers!

Fr. James Cadman to Speak at the Young Adults on Tuesday at 7pm

Our series of talks on Christian Friendship in a secular world continues this week on Tuesday, 6 February when we welcome Fr. James Cadman who will speak on 'Our Friendship with Jesus Christ.' Come for teas and coffees at 7:00pm and then the talk at 7:30pm, and Night Prayer and pub discussion to conclude. All young adults aged 18-35 are welcome to join us.

Tickets on Sale Today! Adult Quiz Night Friday, 9th February

Tickets are on sale again today after the 9am and Noon Masses for our Adults Quiz Night in Coffee Saints this Friday 9th February at 7pm with a cash bar and nibbles provided. Tickets are £10 per person with all proceeds to Cathedral funds. Ticket sales are brisk, and you are advised to get your tickets at your earliest opportunity, either at the Masses above or by email at cathedralhouse@stmaryscathedral.co.uk.

Children's Catechism for First Holy Communion

Classes in preparation for First Holy Communion are open to all children in Primary 4 and above who have received First Reconciliation and will begin on Sunday, 26 February. Prior registration is essential! Register online at https://www.stmaryscathedral.co.uk/first-communion. For more information contact the parish office at cathedralhouse@stmaryscathedral.co.uk.

Friendship Group: Coffee Afternoon

The Friendship Group Coffee Afternoon is on Tuesday 6th February at 2:00pm-3:30pm in Coffee Saints. Open to all over 60, if you're thinking of coming along, please join us.

Catholic Men's Group Meeting

The Catenian Association invites all Catholic men, married or single, to their next monthly meeting on Wednesday, 21 February at 7:00 p.m. in 63 York Place. The Association is an international body of Catholic laymen who meet to offer friendship and support to Catholic men at all stages of their lives. For more information contact John Russell at 01555 728032 or membership@thecatenians.com. Other meetings will be 20th March, 17th April, 15th May and 19th June.

2024 Marriage Preparation Courses

Our next Marriage Preparation courses will be in 2024 on the following Saturdays 2nd March, 1st June 24th August and 23rd November at St. Andrew's, Ravelston, 10am-5pm, with presentations by married couples from the parish. Please email cathedralhouse@stmaryscathedral.co.uk to register.

No Wednesday 10am Mass Until 13th March

Due to electrical circuit safety testing within the Cathedral, café and bookshop area, there will be no 10:00am Mass on Wednesdays until 13th March, except for Ash Wednesday on 14 February.

RAVELSTON NOTICES

First Reconciliation on Monday, 6:45pm

Children of St. Andrew's, Ravelston will receive the Sacrament of Reconciliation for the first time tomorrow evening at 6:45pm. Please keep them in your prayers!

Parish Youth Group

This Sunday is the final Youth Group meeting before a two week break over the mid-term school holidays. The group will resume on the 25th February at 6pm. Tonight, pre-empting the start of Lent a little, the group will be enjoying a pizza and film night. The group is open to P3 upwards.

Each Wednesday at St. Andrew's 5:00pm Adoration and Confession

Don't forget to make some time to come before Our Lord in Eucharistic Adoration at St Andrew's, Ravelston, every Wednesday evening from 5pm with Confession available 5pm-5:45pm.

Burns Night

Thank you to everyone who turned out to support our joint Burns Supper with St Margaret's, Davidson Mains. It was a great night enjoyed by all, with some great entertainment and delicious food. A very big thank you to everyone who helped organise it, especially Marie and Patricia at Davidson Mains. Next year is already being planned for Friday 25th January!

Parish Rooms Renovation

Thank you to everyone who took part in the voting for the renovation of the parish rooms, that concluded last weekend. We have a clear direction to proceed now and will report back with more details in due course along with plans for the work that will be undertaken in the course of the next few months.

OTHER NOTICES

Lourdes Mass 3pm Today at St. John's, Corstorphine

The February Mass in honour of Our Lady of Lourdes takes place at 3pm today, Sunday 4 February, at St John the Baptist Church, 37 St Ninian's Road, Corstorphine, Edinburgh EH12 8AL. The Mass is organised by the Edinburgh Lourdes Pilgrimage team. Refreshments in hall afterwards. All welcome.

Online Bioethics Talks Begin Tomorrow

Starting tomorrow, Monday, 5 February, a seven-week series of online bioethical talks for university students in health and social care begins to discuss the Catholic response to ethical issues including conscience and conscientious objection, organ donation and brain death, IVF and reproductive technology, and much more. Talks are Mondays, 7pm-8pm on MS Teams. Register with King's Catholic Chaplain for Guy's Campus, Laurence Jasper, at laurence.jasper@kcl.ac.uk.

Saturday Valentine's Day Mini-Retreat for Married & Engaged Couples

A Valentine's mini-retreat for married couples and those preparing for marriage will take place on Saturday 10 February, 2pm-5pm. The event will include talks, time for couples to talk, Exposition of the Blessed Sacrament, and guided prayer with readings and prayers relevant to the vocation of marriage. Doors open from 1:30pm. Location is St Kentigern's, Parkgrove Avenue, Edinburgh EH4 7QR. <u>Crèche available for children of primary school age and older.</u> The event is organised by the Marriage & Families Commission of the Archdiocese of St Andrews & Edinburgh. For more information, contact <u>matthew.meade@staned.org.uk</u>. To register online for this FREE event please visit <u>bit.ly/valretreat</u>.

World Day of the Sick - Sunday, 11 February

The World Day of the Sick on IIth February was introduced by Pope St John Paul II to help us remember to pray for all those who are ill and for their caregivers. He chose this day because it coincides with the Feast of Our Lady of Lourdes, Lourdes being a place of pilgrimage renowned for healing. Please pray for the sick of our parish and the family members, friends and professionals who help them.

Youth 2000 Edinburgh Retreat for Young Adults

The ARISE retreat on Saturday 24 February, 9:00am-9:00pm is for 16-35 year-olds across Scotland to gather for a full day of faith, fun and friendship at St Albert's Chaplaincy, George Square, Edinburgh. The day includes Mass, Adoration, talks, small group discussion, opportunities for Confession and more. Tickets are £15 which includes lunch & dinner. Questions? Contact events@youth2000.org. Register online at https://www.youth2000.org/events/Edinburgh.

Free Places at Pro-Life Youth Conference

SPUC's Youth Conference is a weekend which brings together 200 like-minded young pro-lifers to learn effective strategies and fuel your passion for defending the most vulnerable among us – unborn children and their mothers. The Conference runs 23-25 February at Yarnfield Park Training Centre in Stone, Staffordshire, ST15 0NL. The Archdiocese has five fully funded places available, including travel. To apply: https://bit.ly/youthconference24 or contact the Pro-Life Office: prolife@staned.org.uk

Archdiocesan Online Stations of the Cross

Join people across the Archdiocese each Monday throughout Lent for our annual Stations of the Cross. It takes place on Zoom at 7:45pm, beginning on 19 February, and lasts around 30 minutes. We will be praying for unborn children, their mothers and all pro-life intentions. Register at bit.ly/lentstations. "We adore you, O Christ, and we bless you, because by your holy cross you have redeemed the world."

Is God Calling Me? Explore the Vocation to Religious Life

Thinking about a vocation to the religious life? Join other young Catholic women to chat and explore God's will. Led by Sr Mirjam Hugens FSO, the next meeting takes place Sunday 25 February, 4-7pm at St Columba's, 9 Upper Gray Street. The series continues same time/venue: 17 Mar, 21 Apr, 12 May and 22 June. To register email religiousvocations@staned.org.uk

Remembering Service for Those Suffering Loss of a Child

A service for those who have suffered the loss of a child, from the beginning of pregnancy onwards, together with those who wish to come in love and support, to have time in quiet surroundings to fully recognise their loss and help with healing. Sunday 3 March, 5:00pm at St John the Baptist RC Church, 37 St Ninian's Rd, Edinburgh, EH12 8AL. Ecumenical and open to all.

Archdiocesan Day for Catechists

If you are involved with RCIA, children's liturgy, sacramental preparation or any other catechist role, register for the Archdiocesan Day for Catechists at Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 IBB, Saturday 9 March, 10:30am-3:00pm. In workshops and talks, we will highlight baptismal and sacramental preparation, children's liturgy, lesson plans and resources...and lots more! There will be a bookstand featuring titles for children & adults. Visit https://bit.ly/dayforcatechists

Jubilee 2025

The Holy Father has announced that 2025 will be a year of Jubilee. The theme is *Pilgrims of Hope*. For more information, visit the official website https://www.giubileo-2025.it/en. A Facebook page has been set up that will highlight resources and events in Scotland - search 'Holy Year Scotland 2025'. To help us prepare, the Holy Father has established 2024 as a Year of Prayer dedicated "to rediscovering the great value and absolute need for prayer, prayer in personal life, in the life of the Church, prayer in the world".



